



March 15, 2021

Dear SMS Families and Staff,

As we see COVID-19 restrictions loosening up around the country, we would like to inform you of the latest changes and requirements for those that choose to travel outside of the state at this time. We would like to remind you all of the COVID-19 guidelines for testing and traveling out of Massachusetts have not changed. There has been an added guidance regarding those that are fully vaccinated and not needing to test or quarantine upon return from travel. Please see below for more information on this. Here at St. Michael School, we will accept the PCR and rapid antigen tests for individuals with symptoms and individuals who have been exposed. As stated in our previous travel notice -**the PCR test is required for travel**. If you are planning on traveling during this time, please follow the following guidelines:

When traveling to a high-risk state for greater than 72 hours, you must:

Fill out the [Massachusetts travel form](#) **AND** receive a negative COVID test that was taken no longer than 72 hours prior to your return to MA or quarantine for 10 days.

Currently at this time the only states considered to be low risk are Hawaii, Missouri, Oregon, Puerto Rico, and Washington

When traveling to a high-risk state for 72 hours or less, you must:

Fill out the Massachusetts travel form **AND** receive a negative COVID test **AFTER** your return to MA OR quarantine for 10 days.

In regard to international travel:

- Return from travel: you must get tested 3-5 days after travel AND stay home: self-quarantine for 7 days after travel. ** Even if you test negative, stay home and self-quarantine for the full 7 days.**
- If your test is positive, isolate yourself for 10 days until fever-free for 24 hours without use of fever-reducing medication AND symptoms are improving.
- For more information, please see [International Travel Guidelines per CDC](#).

Please note that there have been some changes to the current travel order regarding those that have received vaccination. As per the travel guidelines from Mass.gov:

- Those who have been completely vaccinated for COVID-19, meaning they have received two doses of either the Moderna or Pfizer COVID-19 vaccines OR who have received a single dose of the Johnson & Johnson vaccine, more than 14 days ago and who don't have symptoms, do not need to obtain a negative test prior to traveling to, or quarantine upon arrival to, Massachusetts. Those vaccinated individuals arriving in Massachusetts must have documentation of their vaccination(s), including the date(s) of administration, available if asked. This exception **does not** include vaccinated individuals who have symptoms of

COVID-19, who must follow all testing and quarantine guidance outlines in the travel rules stated above.

- For those individuals that have tested positive within 90 days of arrival to Massachusetts and have successfully completed isolation: if those that are to travel or have traveled are COVID-19 recovered, meaning individuals who tested positive more than 10 days but less than 90 days ago and who do not have symptoms, do not need to obtain a negative PCR test prior to traveling to, or quarantine upon arrival to, Massachusetts. Please note: this exception **does not** include COVID-19 recovered individuals who have symptoms of COVID-19, who must follow all testing and quarantine guidance outlined in the travel rules above.

Please note:

- Testing for children, 10 years and younger, who are traveling with an adult(s) from their household are not required. Children 10 years and younger should mimic the quarantine requirement and testing options completed by the household adult(s) they accompanied for travel. If the accompanying adult(s) chooses to quarantine, the child must also quarantine. If the accompanying adult(s) chooses to obtain a test, the child and adult must quarantine until the adult's negative test result is received.

Please click on the link [Mass.gov](https://www.mass.gov) for all current travel guidelines discussed in this notice. All tests' results should be submitted to the school nurse before returning to school. Please do not send your child to school without confirmation that they are cleared to do so and that the results have been received.

Thank you for your continued support and cooperation during this time. As always, thank you for helping to keep our school community safe.

Sincerely,
Health Office
Saint Michael School